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**Third Sector Forum: Health and Wellbeing**

**Tuesday 28th August 2pm to 4:30pm @ The Inkwell, Elgin.**

**Aim of forum**:  to ensure the third sector is an equal partner in the delivery of integrated health and social care in Moray.

**Purpose of the forum**:

* To motivate, inspire, include and build trust.
* To share information, experience, learning, knowledge and any other relevant resources across boundaries and between sectors.
* To translate discussion into a formal action plan.
* To facilitate timely, targeted and responsive communication.
* To create opportunities and mechanisms for local partners to collaborate.

This event is of interest to any third sector organisations, individuals or associate partners who are already active or have a current and future interest in providing health, wellbeing and social care activities and services in Moray for adults and older people (this includes young people in transition to adult services).

At this meeting we will continue to develop this third sector forum within the context of the integration of health and social care in Moray and the challenges and opportunities this presents to the third sector and communities.

To book a place on this or future forum meetings please call the tsiMORAY office on 01343 541713 between 10am and 3pm Monday to Friday.

For any other questions or queries relating to these events please contact Elidh [elidh@tsimoray.org.uk](mailto:elidh@tsimoray.org.uk) or Jan [jan@tsimoray.org.uk](mailto:jan@tsimoray.org.uk) by email or by telephone 01343 541713.

**NEXT MEETING**

Further Forum meetings this year are scheduled for 30th October, and the 11th December, and are scheduled to be held in the Inkwell from 2- 4.30pm.

Please let us know of suggestions for future Forum agenda items, ahead of time.

**THIS MEETING**

**Event: Moray Health and Wellbeing Forum meeting**

**Date: 28.8.18**

**Venue: The Inkwell, Elgin**

**Facilitator: Elidh Brown, tsiMORAY**

**Co-facilitator: Jan MacPherson, tsiMORAY**

**Evaluation: 8 responses received in total ( see summary at end)**

**In attendance:**

Jeanette Harley, DMWS #UnforgottenForces

Donna Melvin, Unique Skin Clinics

Heidi Tweedie, Moray Wellbeing Hub

Sylvia Stobbart, Moray Duo

Kathryn Evans, Moray Sports Centre

Sandi Downing, Quarriers

Jilli Addison, Community Renewals

James Montgomery, Community Renewals

Norman MacAskill, Moray LEADER, tsiMORAY

Fabio Villani, tsiMORAY

Jan MacPherson, tsiMORAY

Elidh Brown, tsiMORAY

**Apologies:**

Paul Johnson, Manager Moray Alcohol and Drugs Service

Andy Riach, Grampian Region Welfare Officer, DMWS

Jennie Shade, Aberlour

Kirsty William, FACT

Ian Menzies, RVS

Sarah Murray RVS

Mhairi Shepherd, Penumbra

Jo Pickford, CHSS

Peta Broadfoot, Knowledge Info Officer, Dr Gray’s Hospital

Franz and Amanda, Living Golf

Alasdair Taylor, Earth for Life

**Brief Meeting Note/Summary** (please see attachments for further information on House of Care Discussion and the Smart Justice Moray event to be held on the 13th September ):

14.00 Welcome

Tea and coffee

14.05 Introductions and Updates from Members

An opportunity to (re-) introduce ourselves, and welcome new members.

14.30 Norman MacAskill, Moray LEADER: Brief Presentation

Moray LEADER Seminar on 28th September at Moray College UHI

This is a key opportunity for Health and Wellbeing Forum members to consider applying for funding. All funding to be committed by the end of March 2019. The aim of the event will be to generate project ideas which can then be developed into funding applications with support from the Moray LEADER team.

For more info and to book your place, please click on the following link:

<https://www.eventbrite.co.uk/e/moray-leader-seminar-tickets-49379233617?aff=eac2>

14.45 Update from Kathryn Evans, Moray Sports Centre

Kathryn provided updates from PASH (Physical Health Activity and Sport) Strategy, progress on Moray Sports Centre, and a reminder about the Family event this Sunday where a range of taster activities will be available, including, teams of three will compete in Goal Ball, a sport developed from football particularly adapted to people with visual impairments and suitable for all, being promoted by NESS (North East Sensory Services).

Kathryn also talked about Elgin Athletics Club exploring adaptations for people with disabilities, and she raised awareness of upcoming Tri-Championships (Aberdeen/Aberdeenshire and Moray). Kathryn is also asking forum members to consider where table tennis are readily available within venues in Moray for a new game called Play Table Cricket, especially suitable for people with mobility issues and/or learning disabilities. An infographic will be available shortly.

Kathryn invites interest from potential partners in relation to the Inclusive Children’s play Area Proposal – please see H&WB Bulletin dated 3/9/18 for further information.

14.50 Alasdair Taylor, Earth for Life: Presentation

We are delighted this presentation is now re-scheduled to the following forum meeting.

14.50 Save the dates with regard to #YouChoose3 13.9.18 & MADP workshop 2.10.18

At 5pm on 13th September, #YouChoose3 will be launched, small grants between £500 to £1500 for projects connecting our communities (in relation to prevention, recovery in drugs and alcohol

theme). The launch will take place as part of the Smart Justice Moray event at Elgin Town Hall, please see flyer attached.

Update from Elidh from MADP (Moray Alcohol and Drug Partnership) – MADP workshop has now been scheduled for the 2nd October in relation to additional investment to be linked with MADP delivery plan and potentially further opportunities for partnership working with third sector. An invitation to this workshop will be circulated separately.

NB This date (2nd Oct) had been earmarked for a potential wellness world café event, also coinciding with Self Management Week, but as plans have not progressed we will look to another date to take this forward if forum members still wish to do so.

15.15 Break and Networking

We enjoyed taking time out from the main meeting to chat, catch up and network.

15.45 More Opportunities to Take Part – House of Care: What Next?

We reflected on recent events, provided updates and share info on further potential opportunities/options for Moray Health and Wellbeing Forum members in relation House of Care. Please see attached note for further info on House of Care discussion. We will create a list of options and share with forum members to enable decisions to be made about whether or not we progress event plans on the dates proposed by Fochabers (6.10.18) and Aberlour (29.9.18).

16.30 Evaluation, Next steps and Close of Play

See above for forum meeting evaluation

Next steps include circulating follow up info from this meeting, either with this note, within the next Health and Wellbeing News bulletin or as standalone items, as appropriate.

16.35 Draft revised Compact document for 2018-2020

The Compact is an agreement between the public sector and the third sector.

Fabio invited feedback and comments on this draft document ahead of a planned meeting of the Community Engagement Group on Wednesday the 29th August. Due to the tight timescales, Fabio met with any forum members who wished to take part following the main meeting.

**Evaluation**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | 1  Poor | 2  OK | 3  Good | 4  Excellent |
| I feel more connected as a result of taking part  1/8 Ok 2/8 good 5/8 excellent | 0 | 12.5% | 37.5% | 62.5% |
| The content and pace of the event was  1/8 ok 4/8 good 3/8 excellent | 0 | 12.5% | 50% | 37.5% |
| The facilitators’ knowledge of the subject was  2/8 good, 6/8 excellent | 0 | 0 | 37.5% | 75% |
| How would you rate the venue for this event?  5/8 good 3/8 excellent | 0 | 0 | 62.5% | 37.5% |
|  |  |  |  |  |
| What went well today?  Quality of discussion  Open for everyone to have their voice heard  What changes, if any, would you have made to the event?  Invent more time!  More involvement with partner agencies | | | | |
|  |  |  |  |  |
| Following this event, are there any further events or courses you think would be helpful?  Please keep me in the loop ☺ | | | | |
|  | | | | |
| Any other comments:  Home, the feeling of partnership  Disappointing turnout  Networking time was very useful and Elidh’s facilitation of meeting was excellent ☺  Very helpful! | | | | |